

## SSRPeers: A Peer Mentoring Program for SSRP students

Estimated Time: 30 min - 1 hour

Completion: Between August 2nd - August 8th, 2023



### Goals

- ★ Reflect on the SSRPeers program
- ★ Establishing a permanent contact with your peer
- ★ Reflect on your research and your time in the SSRP

## Yay, you made it!

*It's the last full week of the program! We're so proud of all that you've accomplished. Let's look back on where we started, and plan for the future.*

### Reflecting on the SSRPeers program

The SSRPeers program was designed to provide social and professional support to each SSRP student. Did it work?

- **Think about relationship with your SSRPeer and what you gained from the meetings**  
*What is your biggest takeaway from the 1-1 peer meetings? What did you learn about yourself, and your peer, that you didn't know before?*
- **Think about the SSRPeer program as a whole.**  
*What parts did you enjoy? What optional events did you attend?*

### The SSRP and summing it all up!

Experiments, Posters, and more!

- Where are you at with your research? Did things go as planned? Where did you hit adversity? What are some core takeaways that you feel good about?
- How's the poster? Is there any confusion? Can you SSRPeer help you navigate through that?
- What presentation tips and tricks have you learned from your track scientists?

### What's next for you and your SSRPeer?

Talking with your peer about what your plans are for after the summer!

- What are your plans after the SSRP ends? (the rest of the summer + next year!)
- How may you apply your newly learned experience and skills to your future plans?

- How can you best keep in touch with your SSRPeer?

### **What's next for you and your other mentors?**

Mentors are invaluable connection as you navigate through your upcoming education and research goals. How can you maximize that relationship?

- Which mentor(s) did you connect to?
- Have you considering asking them to write you a letter of recommendation? (spoiler alert: this is an appropriate and normal ask!)
- Mentors appreciate keeping in touch. Can you develop a plan for continuing contact?
  - Are there important goals that you'll be reaching that may also provide a good opportunity to check in (e.g. college acceptance, summer plans for 2024, etc)?

### **Article** → [Keeping in Touch With Your Mentor\(s\)](#)

You adored one or more of your mentors, but not sure where to go from here? This is a great article for thinking about how to keep in touch in a respectful and sustainable way!

*Jot down a few pieces of advice from this article that you would like to apply to your mentoring relationship(s) and discuss with SSRPeer.*